

BIKE AROUND SCHOOL MONTH



Name: _____

Zip Code _____ Grade: _____

Are you a new Bike 'Around' School Month rider? (Circle One)
Yes No



HOW IT WORKS

1. Keep track of the total number of minutes you ride each day.
2. Calculate your total minutes ridden for the month.
3. Send a picture of your completed calendar to: bts@cascade.org
4. Your participation automatically enters you into a raffle to win prizes!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 I biked for _____ minutes!	2 I biked for _____ minutes!	3 I biked for _____ minutes!	4 I biked for _____ minutes!	5 I biked for _____ minutes!	6 I biked for _____ minutes!
7 I biked for _____ minutes!	8 I biked for _____ minutes!	9 I biked for _____ minutes!	10 I biked for _____ minutes!	11 I biked for _____ minutes!	12 I biked for _____ minutes!	13 I biked for _____ minutes!
14 I biked for _____ minutes!	15 I biked for _____ minutes!	16 I biked for _____ minutes!	17 I biked for _____ minutes!	18 I biked for _____ minutes!	19 I biked for _____ minutes!	20 I biked for _____ minutes!
21 I biked for _____ minutes!	22 I biked for _____ minutes!	23 I biked for _____ minutes!	24 I biked for _____ minutes!	25 I biked for _____ minutes!	26 I biked for _____ minutes!	27 I biked for _____ minutes!
28 I biked for _____ minutes!	29 I biked for _____ minutes!	30 I biked for _____ minutes!				Thanks to our Sponsors  Seattle Children's [®] HOSPITAL • RESEARCH • FOUNDATION



MY TOTAL MINUTES IN JUNE: _____